



The Intuitive Connection

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Featured Gemstone: Blue Lace Agate

Blue Lace Agate is not only a beautiful gemstone, but its healing attributes make it a perfect gemstone to have around the holidays when tensions can run high. Blue Lace agate is considered to be a silicate mineral and is found under the sub-category Chalcedony. These gemstones are created when lava cools and forms into igneous rocks. As these rocks cool, different gases form bubbles which create hollow spaces which are later filled in by silicate rich water. Over time, layers of silicate water are deposited until the hollow spaces are eventually filled up completely and an agate is born.

As the name suggests, this gemstone only comes in a blue color, but it has a lacy pattern of dark blue and light blue making each gemstone unique. True Blue Lace Agate is distinctive in that it is only found in South Africa (primarily Namibia). It was officially discovered in the 1960's when Willy Preiss found a seam of the gemstone while prospecting. However this gemstone has been used for centuries as it was believed it could ward off evil spirits or protect against negative energies. Historically, it has also been used for its calming and soothing effects on the mind and body. Today, the gemstone is still used for these healing properties mentioned above and so much more. According to "The Crystal Bible," by Judy Hall, Blue Lace Agate has the following healing benefits (properties of the parent stone "agate" and additional properties specific to "blue lace agate" are listed):

"Agates are grounding stones, bringing about an emotional, physical, and intellectual balance. They aid in centering and stabilizing physical energy.

Agate has the power to harmonize yin and yang, the positive and negative forces that hold the universe in place. A soothing and calming stone, Agate works slowly but brings great strength. Its multiple layers can bring hidden information to light.

Psychologically, Agate gently facilitates acceptance of one's self. This builds self-confidence. It aids self-analysis and perception of hidden circumstances, bringing to your attention any disease that is interfering with your well-being.

Agates enhance mental function as they improve concentration, perception, and analytical abilities, leading to practical solutions. Agate's love of truthfulness encourages speaking one's own truth. Agates with clear crystals can stimulate memories.

Emotionally, this crystal overcomes negativity and bitterness of the heart. It heals inner anger, fostering love and the courage to start again. It is useful for any kind of emotional trauma. It creates a sense of safety and security by dissolving internal tension.

Spiritually, Agate raises consciousness and links into collective consciousness and awareness of the oneness of life. It encourages quiet contemplation and assimilation of life experiences, leading to spiritual growth and inner stability.

Blue Lace Agate is a wonderful healing stone. Its soft energy is cooling and calming, bringing peace of mind. It is particularly effective for activating and healing the throat chakra, allowing free expression of thoughts and feelings. It opens the way to experience of the higher energies. This is one of the great nurturing and supportive stones. It will neutralize anger, infection, inflammation, and fever.

Psychologically, Blue Lace Agate counteracts the repression and suppression of feelings that stem from fear of being judged and rejected. Judgment is often present in the parent-child relationship, both in childhood and adulthood. As a result, feelings are held back and the lack of self-expression blocks the throat chakra and may affect the chest – the feeling being of suffocation. Blue Lace Agate gently dissolves the old pattern of repression and encourages a new mode of expression. It is useful for helping men to release and accept their sensitivity and feeling natures.

Mentally, Blue Lace Agate assists with verbal expression of thoughts and feelings and counteracts mental stress. Emotionally, the peaceful energies exuded from this stone neutralize feelings of anger.

Spiritually, Blue Lace Agate clears the throat chakra so that the highest spiritual truths can be expressed. It is a stone that links thought to the spiritual vibration and brings in deep peace.

Agate stabilizes the aura, eliminating and transforming negative energies. Its cleansing effect is powerful at the physical and emotional levels. Placed

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Trinity Healing

on the heart, it will heal the emotional dis-ease that prevent acceptance of love. Placed on the abdomen or taken as an elixir, Agate stimulates the digestive process and relieves gastritis. It heals the eyes, stomach, and uterus; it cleanses the lymphatic system and the pancreas; it strengthens blood vessels and heals skin disease.

Blue Lace Agate is a powerful throat healer, its property of counteracting blocked self-expression releases shoulder and neck problems, thyroid deficiencies, and throat and lymph infections. It lowers fevers and removes blockages of the nervous system, and treats arthritic and bone deformity, strengthening the skeletal system and healing fractures. It also aids capillaries and the pancreas. As an elixir, it treats brain fluid imbalances and hydrocephalus. Blue Lace Agate can also be used to enhance sound healing – it focuses and directs sound to the appropriate place.”

If you'd like to add a beautiful Blue Lace Agate to your collection, the following gemstones are available on the [Trinity Healing Connection store](#), or simply click on the picture to be taken directly onto that item's page in the store.



Alpaca inspired lip balm
flavor of the month inspired by:

Rosalyn

Maple Cinnamon

(Infused with the flavors of maple syrup and cinnamon, with a hint of sweetness)



Trinity Healing

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