September 2024

Trinity Healing



The Intuitive Connection

Inside this issue:

Lip Balm Flavor of the Month & Services

2

Communicating Clearly



Are you having difficulty with your pet? Maybe they are doing an unwanted behavior? Or maybe they have anxiety and you just can't figure out why? It's not an issue of whether you are communicating with your pet, but rather if you are communicating clearly. Let me explain what I mean.

Whether you realize it or not, you are secretly communicating with your animals all the time. I'm not talking about verbal communication or non-verbal cues, I'm talking about telepathic communication. When you have a thought, it turns into energy, which radiates outward and is received by your pet. Animals know this "secret" language and use it all the time. How do you think huge flocks or birds or schools of fish coordinate their movements so precisely? They use telepathy. That's the process that I use for my animal communication sessions. The difference being that I'm much more practiced at it and I'm better at receiving their responses and translating them back into human words.

Many "issues" such as an unwanted behavior or anxiety have an underlying miscommunication between humans and their animals. The reason why is because we are not matching the human words to the actual message being communicated. Let me give you an example. I have a dog named Shilo (the cute little derp pictured above). Shilo loves to bark, and bark, and bark. He is very vocal and likes to make his voice and opinion heard (very loudly). I don't mind a few barks, but once he's alerted me to something I'd really like him to stop or use his indoor voice as my poor ears can't handle the noise. My first instinct is to use human communication and verbally say "don't bark." And there lies the miscommunication. Now you might be confused because as another human the communication seems very clear. But to the animal it is anything but clear. That's because my human words and my thoughts do not match. So as I'm telling him "don't bark," the thought in my mind is him doing the behavior I don't want (which is barking). So what I think I'm communicating and what I'm really communicating are opposite. My words say "don't bark" but my secret telepathic communication says "bark." He continues to bark, and if I get upset with him use the "no-no" voice, he in turn gets very confused because he's doing the behavior that I telepathically told him to do (and telepathy is the language that he understands). Pretty much take the words "don't bark" and erase the word "don't." Everything after that word is what I truly communicated to Shilo using my thoughts ("don't bark").

In order to clear up the miscommunication, I need to make my words and my thoughts match. Sounds complicated? Not really. I just need to think of the behavior I want him to do instead and then say the word that matches it such as "quiet" or "stop." If I use these words instead, then the telepathic information I'm sending him are to be quiet or stop barking. Make sense?

The same applies to an animal who has anxiety. Let's say your dog freaks out when you leave the house. Think about what your thoughts are when you leave. Are you thinking "I'm worried, I hope Fido will be ok when I'm gone?" If your thoughts are something similar to this, the message you are telepathically communicating is that you are worried about them when you are not there and they are not safe unless you are home. Change your thoughts instead to "I love you, enjoy your quiet time and I'll be home soon." No ifs, ands, or buts added. If you start thinking about them while you are gone, keep it positive such as "I hope you're enjoying your nap, be home soon." Correcting your thoughts to focus on positive behavior can help clear up miscommunication. Will it change the first time? Not necessarily. It takes us humans 30 days of doing a new behavior to form it into a habit. Animals are no different. It's not an overnight fix, but it can get you on the right road to communicating clearly and being in sync with your pet. It will take practice, and lots of repetition, but it can and will work. Heck, I'm not perfect at it and I've been doing animal communication for almost 20 years. There are times I have to correct myself because I've been speaking human for longer than my animal communication, and I slip back into my human habits. But I no longer beat myself up over it. I simply change my communication so that my words and my thoughts match and then repeat that message over, and over, and over.

So next time your dog barks, or chews something inappropriate, or stresses, etc, take a look at the real message you are communicating with them to see if it is really a miscommunication. If no, awesome, keep working at it with your pet. But if yes, awesome, now you know so you change your message to the positive behavior you want.

Happy communicating.



Trinity Healing

STACEY FERRELL

Prescott Valley, AZ Phone: 707-631-0052

E-mail:

contact@trinityhealingconnection.com

Website:

www.trinityhealingconnection.com



Alpaca inspired lip balm flavor of the month inspired by:

Sterling Cherry Apple

(Infused with the flavors of cherries, caramel apple and a hint of sweetness)

Services offered:

Animal Communication
Energy Healing
Sacred Healing Crystal Jewelry
Essential Oils
Educational Workshops

For your convenience, services can be scheduled in person or remotely