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Trinity Healing



# The Intuitive Connection

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Flavor of the Month, Services & Referrals **Spirit Portals** 



Portals are an energetic gateway or doorway into another realm or dimension. Usually, there is a constant flow of energy around them, which can be uncomfortable for people/animals that are sensitive to energy. Portals are generally conical in shape, but I've run across a few that work a little differently. The biggest issue with portals is that like an unlocked door, anything can come through (good, neutral or negative entities). Think of it like leaving your front door unlocked and you put out an invitation on Facebook for whoever reads it to come over to your house and walk right in. So while a portal itself is not negative, what comes through it could be.

How does a portal get opened? The answer is there are many ways that a portal can be opened. Anywhere with a high concentration of energy (whether naturally occurring or created with thought/intention) can become a portal. Examples of areas with naturally occurring portals are fissures, volcanoes, waterfalls, rivers, or high magnetic fields. Portals that have been created can be found in mirrors, doorways, and windows, but I've also seen them on the ground, walls and ceilings. High energy areas with frequent crossings into the spirit realms such as hospital or nursing homes can also turn into portals. This is not an all inclusive list, these are just examples where portals tend to be more commonly found.

Spirit boards (aka Ouija boards) are not themselves a portal. However when used incorrectly, they can allow portals to be created. For example you use a spirit board to open communication to the other side and you don't close/end the session. That doorway has been left open temporarily for anything in the immediate area to enter. If the doorway remains open long enough, over time the energy builds and can turn into an open portal. Or an entity that comes through the open door can use their thought/intention/energy to turn it into an open portal.

The good news is that portals can be closed. Tools such as crystals, smudging, incense, or energy healing practitioners and/or shamans can assist in removing the entities and closing the portals. If the portal cannot be closed, then these tools along with intentional thoughts and cleansing rituals can be used to transmute the energy over time so that the portal itself can be minimized as to what entities can come through it.

In my personal experiences in coming across portals, my preference is to close and seal them. I work with a paranormal group where active portals were causing problems for the residents in most cases. About 95% of them were the standard conical shape, and using energy directed in a specific way, the portals were closed. I like to follow up with energetically sealing them so they stay permanently closed. Recently, a fellow investigator and I ran across a portal that was a series of doors instead of being cone shaped. We had to go through and energetically close all the sets of doors before the portal itself was closed and could be sealed. I've also seen a portal that was a fissure in the ground. So much negative energy had taken place on the land, that the ground itself energetically ripped open and the portal ran through an entire neighborhood. It took many energy healers working together over the course of several days to finally close the portal and heal the land itself.

If you suspect you have a portal in your home, and you don't know how to close it, ask for help. Many local paranormal groups have energy healers or at least have contacts with healers who can help.



Check out our alpaca inspired lip balm flavor of the month featuring Rainbow!

"The Rainbow that adds color to any gray sky with her sweet, vibrant nature!"

Skittles



# Trinity Healing

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# Services offered:

Animal Communication
Energy Healing
Sacred Healing Crystal Jewelry
Essential Oils
Educational Workshops

For your convenience, services can be scheduled in person or remotely

#### Referrals

Needing a service I don't provide? I recommend the following:

#### Anne Angelheart

Transformational Coach, Channeler, Author & Speaker Website: <a href="https://www.anneangelheart.com">www.anneangelheart.com</a>
Email: info@anneangelheart.com
530-755-4767

#### Cindy Holt, Holt Holistic Healing

Medical Intuitive, Emotional Release Healing, Energy Healing Website: <a href="www.holtholistichealing.com">www.holtholistichealing.com</a> 928-273-8576